

Finding the Right Mentoring Relationship

Susanna I Lee MD, PhD



Disclosures

- **Relevant - None**
- **Other - Wolters Kluwer, Springer, RSNA**

Learning Objectives

Formulate an approach to finding mentors and fostering the mentor-mentee relationship

Checklist for Academics

- Define your expertise and acquire the necessary skills
- Collaboration and teamwork
- Understand your institution's promotion criteria
- Professional profile: CV, Biosketch, On-line profile (e.g. ORCID, PubMed, Google Scholar)
- ***Actively engage mentors***
- Career development skills (e.g. negotiating, giving feedback, public speaking, interviewing etc.)
- Annual self career review
 - Where do I want to head?
 - Am I making the right choices to get me there?
 - What resources or skills am I missing?

Collaborations Enable You to Scale

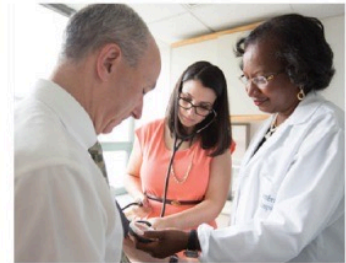
- Do your homework
- Understand what you bring to the table
- Listen carefully
- Manage expectations
- Deliver on promises
- Share the credit





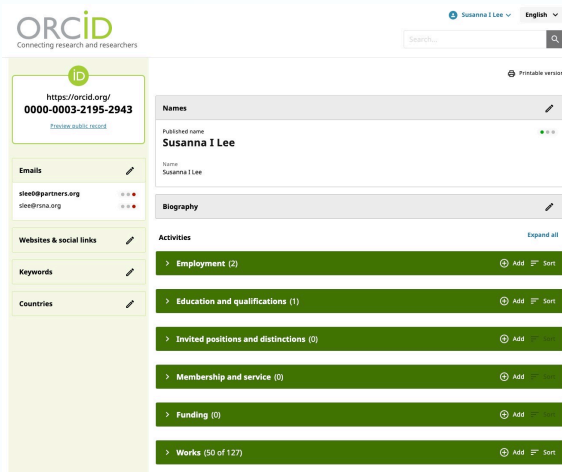
THE FACULTY OF MEDICINE
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Promotion Criteria



GOVERNANCE, APPOINTMENT AND
PROMOTION HANDBOOK

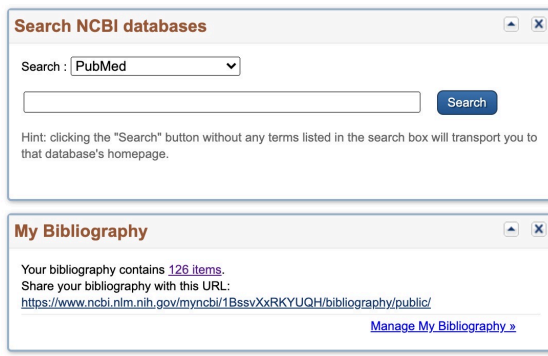
On-line Profile



<https://orcid.org/register>

- **ORCID (Open Researcher and Contributor ID)**
- Registry of unique researcher identifiers
- Nonprofit, community-based

My NCBI



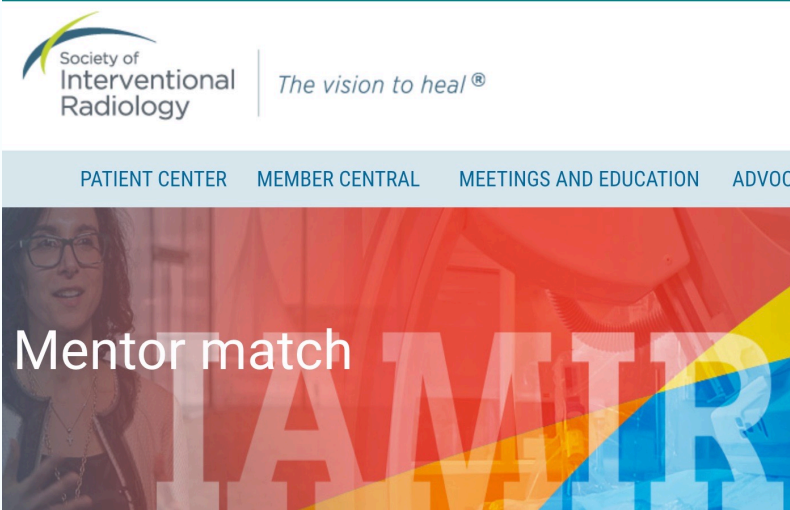
- **Pubmed and My NCBI**
- MyBibliography to save your publications profile and create link
- More popular among US users

<https://account.ncbi.nlm.nih.gov/signup>

Finding the “Right” Mentor

- **Define your goals for the relationship:**
 - Job search or promotion
 - Research
 - Teaching
 - Work-life issues – family leave, immigration/visa
 - Sensitive issues – discrimination, harassment, etc.
- **Find multiple mentors**
- **Look outside your immediate environment:**
 - Other disciplines
 - Other institutions

Mentor Match Programs



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Mentor match



SNMMI Value Initiative
SOCIETY OF NUCLEAR MEDICINE & MOLECULAR IMAGING

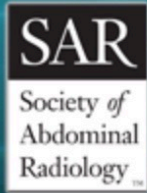
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In This Section

Join/Renew

SNMMI Mentor Match



Society of Abdominal Radiology

Mentorship Program

COMMENTARY • EDITORIAL

Radiology

Thank You from the *Radiology* In Training Editors to Their Mentors

Eric Kim, MD • Francis Deng, MD • Anna Trofimova, MD, PhD

What to Look For in a Mentor

- Shared priorities and work style
- Two-way communication
- Accessible
- Open-minded
- Invested in the mentees goals



Fostering the Mentor-Mentee Relationship

- Share your background and needs
- Be politely proactive about keeping in touch
- Manage expectations
- Deliver on promises
- Ask for feedback
- Discuss, expect and respect confidentiality



**„I never teach my pupils, I only
provide the conditions in
which they can learn“**

**Albert Einstein
1879-1955**

